

Church Chat April 29, 2021

Sunday May 2 Fifth Sunday of Easter



Minister's Message

Mental Health Awareness Week is May 2-8. This has been such a challenging year. There have been ups and there have been downs. We have all been impacted in some way. As the pandemic and restrictions continue it is important to really take care of our mental health. For some people there have been really hard struggles. For others there's a sense of fatigue and sadness. I recently read an article that points out that many people are feeling a general malaise or "blah" and can't quite put their finger on what's wrong. The author refers to it as "languishing," a sense of stagnation and emptiness, and calls it an emotional long-haul of the pandemic. Wherever you find yourself in the spectrum of feelings, please take time to care for yourself, reach out if you need help, if you can, and let's all continue to check in with each other and care for each other.

Here is a link to the article: <https://www.besthealthmag.ca/article/languishing/>

Here are some community resources for mental health:

United Church of Canada - online resources for mental health awareness week: https://united-church.ca/events/mental-health-awareness-week-webinars?fbclid=IwAR29ktGF_ELNNQnr6S-

[wkS_g7gOPNuDk9wiHIZi85Tm_E7aFUwWwcfYqdMo](https://oneskycommunity.com/directory/seniors-mental-health/)

Seniors Mental Health, One Sky (250) 492-5814 : <https://oneskycommunity.com/directory/seniors-mental-health/>

Canadian Mental Health, South Okanagan Similkameen 250-493-8999 : <https://sos.cmha.bc.ca>

South Okanagan Seniors Wellness Society 250-487-7455 <https://www.seniorswellnesssociety.com>

Joanne can be reached at 250-328-3800 or joannescofield@telus.net
Regular work days: Sunday - Wednesday or other times for urgent pastoral care needs.

Pastoral Care:

Joanne continues to do pastoral visits on the phone or over zoom. If you would like to schedule a visit, please get in touch with her joannescofield@telus.net or 250-328-3800.

Worship Notes:

Wild Church - We will gather Sunday, May 2 at 2pm. Pre-registration is required. Please get in touch with Joanne in advance if you are interested in participating. We will follow COVID requirements including masks and physical distancing.

"Tell me, what do you plan to do with your one wild life?" ~ Mary Oliver

Please let Joanne know if you have a **favourite hymn** to sing during the service. She will try to include all requests

A prayer list can be found in the Order or Service on the website. Please notify the office and Joanne if you have a prayer request

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Announcements:

Congratulations to Inez Burnett who turned 100 on April 25.

Thank you to all those who turned out for the work party at the church on Thursday and a special thank you to Gordon Houston who has done so much work on the grounds of the church in the past couple of weeks.



Today is the last day for Gift Certificates: * Planting? Cheering? Gifting? Appreciating? Fundraising? Gardenworks gift Cards are great for all of these uses! Cheryl will place another Gardenworks gift card order on **April 30**. Please phone or email your order soon. *

"Yarn Bombs"

The Penticton Art Gallery and Seniors Wellness has recently started a "yarn bombing" project. You may have seen an article in the paper about their project of creating knitted or crocheted squares that are then sewn together to wrap a tree outside the Gallery. If you haven't seen it, you could go see it in person or click on the link below. There is some interest at PUC in linking in with that project and wrapping a tree in front of the church. If you are interested in being part of this, please get in touch with Joanne.

<https://www.pentictonwesternnews.com/community/penticton-has-been-yarn-bombed/>

The Broadview magazine (formerly The Observer) will be changing its print frequency from 10 issues to 8 issues per year. This is a cost-saving measure as the publishing industry adapts to change. Your previous expiry day was July/August and now your new expiry will be the September issue. I will be gathering renewal orders in May and June. The price per subscription remains the same - just \$25.00 per year. If you have any questions, feel free to contact me.

Your Broadview Representative,

Marion Kozier lmkozier@telus.net



Coffee Break - Tuesdays, 10 am Joanne's online office hours / virtual coffee break - on Zoom

<https://zoom.us/j/96798067243?pwd=U3VlVHhKTW9vMyt2K09sVGVMelBLUT09>

Meeting ID: 967 9806 7243 Passcode: 928498

Drop in for a quick chat or stay for the hour.

Grocery Cards: Thank you to all those who participate in this simple, worthwhile fundraising project for our Church. Grocery Cards for SaveOn and Safeway are available by contacting Cheryl at 250-492-2540 or by email at talk2ca@hotmail.com to arrange pickup or delivery of cards. Payment can be made with cash or cheque to PUC.

The amount added to the General Fund for the month of March from the sale of Gardenworks and Grocery gift cards totals \$356.

Offering: we appreciate your continued support of the work of our church. Payments can be made by mail, drop off at the church, e-transfer (remember to make sure you use the gmail account), PAR.

Church Email: please use the g-mail address: punitedc@gmail.com.

Please note that if you are making your offering via e transfer use the gmail account.

Community Events

St. Saviour's Anglican Church is having a Spring flower fundraiser. Orders can be placed online

at: <https://stsaviours.growingsmilesfundraising.com/home>

Camp Spirit

Camp Spirit is offering day-camps for children (ages 5-11) and LIT (Leaders in Training) programs for youth (ages 12-14) at 28 sites across BC! Check out their website for more information:

https://www.campspirit.ca/summer-2021.html?fbclid=IwAR0CnnWFTITq2Y6nQ3xjoNgMbi3_7ZmrqGLh_FjshER7uJUUrGrMgNrZKiss

Evening of Music at Oasis United Church: Here is the link you will need to join us for a wonderful evening of music with Lonnie Delisle that Oasis United Church is hosting on May 7th! There is no up-front cost for the event, but the Stewardship and Finance Committee is encouraging donations if you are able. All donations over \$20.00 are eligible for a tax receipt. Please note the words "Faith Raising" on your cheque or e-transfer to Oasis United Church at oasisunited@shaw.ca

Lonnie is an amazing composer and arranger who is the Artistic Director of the Universal Gospel Choir and Musician in Residence at Vancouver School of Theology. He loves to arrange and perform music that is uplifting to the human spirit and varied in musical style. He has been musician in residence at Naramata Centre for the past two summers and has delighted audience members (online and physically distant in person) with a wide range of musical selections. If you would like to hear Lonnie on his last Sunday serving as Minister of Music at Canadian Memorial United Church, here is a link: <https://www.youtube.com/watch?v=V7177ritpNQ&t=596s>

Keri Wehlander is warmly inviting you to a scheduled Zoom meeting.

Topic:  Oasis Spring Concert with Lonnie Delisle 

Time: May 7, 2021 07:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/89879046293>

Meeting ID: 898 7904 6293

Worship Update:

On-line Worship Services: we are continuing to gather at 10 via Zoom for worship on-line. Please use the current link. If you do not have the link please contact the office.

On the Worship page of our Website (pentictonunitedchurch.com/worship) you can find the Order of Service posted prior to the service.

Join Zoom Service

<https://zoom.us/j/415999196?pwd=U3FCT0VucXFzZjMweWxVWGcrOURvQT09>
<https://zoom.us/j/415999196?pwd=U3FCT0VucXFzZjMweWxVWGcrOURvQT09>

Meeting ID: 415 999 196

Password: 486745

Please note that there is a local phone number to call in with a Meeting ID number and password if you would rather join that way.

Dial by your location

+1 778 907 2071 Canada

+1 438 809 7799 Canada

+1 587 328 1099 Canada

+1 647 374 4685 Canada

+1 647 558 0588 Canada

Meeting ID: 415 999 196

